

Novena to the Sacred Heart

June is the Month of the Sacred Heart and during this month we should often stop and pray in thanks to God for the great love of Jesus which is celebrated in the Sacred Heart.

Devotion to the Sacred Heart, as we know it, began about the year 1672. On repeated occasions, Jesus appeared to Saint Margaret Mary Alacoque, a Visitation nun, in France, and during these apparitions He explained to her the devotion to His Sacred Heart. True devotion to the Sacred Heart is devotion to the Divine Heart of Jesus, as His Heart represents and recalls His love for each one of us. The Solemnity of the Sacred Heart takes place this year on Friday, June 19th.

It is a long standing practice of the Church to pray a Novena to the Sacred Heart for the nine days before the Solemnity.

If, as part of your devotions, you wish to pray the Novena this year, then it will begin this Wednesday, June 10th. You are invited to pray the Novena Prayers of St. Margaret Mary Alacoque each day from June 10th to the 18th .

**“O my Jesus, You have said: “Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you.”
Behold, I knock, I seek, and ask for the grace of (name your request).**

Our Father... Hail Mary... Glory be to the Father...

Sacred Heart of Jesus, I place all my trust in You. O Sacred Heart of Jesus, for Whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of You, through the Sorrowful and Immaculate Heart of Mary, Your tender mother and ours.

Say the Hail, Holy Queen and add: “Saint Joseph, foster father of Jesus, pray for us.”

The Litany of the Sacred Heart is another lovely prayer to draw us closer to the love of Jesus at this time:

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.
Christ hear us. Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.
Heart of Jesus, Son of the Eternal Father, have mercy on us.
Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb, have mercy on us.
Heart of Jesus, substantially united to the Word of God, have mercy on us.
Heart of Jesus, of infinite majesty, have mercy on us.
Heart of Jesus, holy temple of God, have mercy on us.
Heart of Jesus, tabernacle of the Most High, have mercy on us.
Heart of Jesus, house of God and gate of heaven, have mercy on us.
Heart of Jesus, glowing furnace of charity, have mercy on us.
Heart of Jesus, vessel of justice and love, have mercy on us.
Heart of Jesus, full of goodness and love, have mercy on us.
Heart of Jesus, abyss of all virtues, have mercy on us.
Heart of Jesus, most worthy of all praise, have mercy on us.
Heart of Jesus, King and centre of all hearts, have mercy on us.
Heart of Jesus, in whom are all the treasures of wisdom and knowledge, have mercy on us.
Heart of Jesus, in whom dwells all the fullness of Divinity, have mercy on us.
Heart of Jesus, in whom the Father was well pleased, have mercy on us.
Heart of Jesus, of whose fullness we have all received, have mercy on us.
Heart of Jesus, desire of the everlasting hills, have mercy on us.
Heart of Jesus, patient and rich in mercy, have mercy on us.
Heart of Jesus, rich to all who call upon You, have mercy on us.
Heart of Jesus, fount of life and holiness, have mercy on us.
Heart of Jesus, propitiation for our offences, have mercy on us.
Heart of Jesus, overwhelmed with reproaches, have mercy on us.
Heart of Jesus, bruised for our iniquities, have mercy on us.
Heart of Jesus, obedient even unto death, have mercy on us.
Heart of Jesus, pierced with a lance, have mercy on us.
Heart of Jesus, source of all consolation, have mercy on us.
Heart of Jesus, our life and resurrection, have mercy on us.
Heart of Jesus, our peace and reconciliation, have mercy on us.
Heart of Jesus, victim for our sins, have mercy on us.
Heart of Jesus, salvation of those who hope in You, have mercy on us.
Heart of Jesus, hope of those who die in You, have mercy on us.
Heart of Jesus, delight of all saints, have mercy on us.
Lamb of God, who takes away the sins of the world, spare us, O Lord.
Lamb of God, who takes away the sins of the world, graciously hear us, O Lord.
Lamb of God, who takes away the sins of the world, have mercy on us.
Jesus, meek and humble of Heart, make our hearts like unto Thine.
Let us pray: Almighty and eternal God, look upon the Heart of Thy Most Beloved Son and upon the praises and satisfaction which He offers Thee in the name of sinners; and to those who implore Thy mercy, in Thy great goodness, grant forgiveness in the name of the same Jesus Christ, Thy Son, Who lives and reigns with Thee forever and ever.
Amen.